

Middle & High School Lunch Menu – April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>KCS School Nutrition offers a variety of fresh whole fruit or 100% fruit juice daily. Students may select up to two servings of fresh fruit offered daily.</p> <p>Sandwich Trimmings (4) offered with all sandwich choices</p>	<p>Approximate grams of Carbohydrates per serving is shown in parenthesis</p> <p>Mayfield Milk Choices - 1/2 pint serving White Skim (13) White 1% (13) Fat Free Chocolate (20)</p>			
April 1 st	April 2 nd	April 3 rd	April 4 th	April 5 th
<p><i>Student Holiday</i></p>	<p><u>Choose 1 Entrée</u> Big Daddy's Cheese or Pepperoni Pizza (42)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Hot & Spicy Bone-In Chicken (7) w/ WG Biscuit (27)</p> <p>Corn Dog (30)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p>Also available Homemade Macaroni & Cheese (24)</p> <p><u>Side Item</u> California Blend Mixed Vegetables (5) Caesar Salad (5) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> Nick's BBQ Sandwich (2) on WG Bun (27)</p> <p>WG Regular or Spicy Chicken Tenders (6) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Curly Fries (25) Green Beans (4) Garden Salad (2) Baby Carrots (5)</p> <p><u>Dessert</u> Cool Tropics Slush</p>	<p><u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>Hot Dog w/or w/o chili and cheese (13) on WG Bun (26)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Veggie Nibbles (5)</p>
April 8 th	April 9 th	April 10 th	April 11 th	April 12 th
<p><i>½ Day for Students</i></p>	<p><u>Choose 1 Entrée</u> Nardone's Cheese or Pepperoni Pizza (28)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Orange Chicken (19) Fried Rice Bowl (54)</p> <p>Homemade Grilled Cheese (36)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Tater Tots (19) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> Cheesy Chicken Nachos (32)</p> <p>Mini Corn Dog Nuggets (32)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Bush's Black Beans (30) Garden Salad (2) Baby Carrots (5)</p> <p><u>Dessert</u> Chocolate Chip or Sugar Cookie (18)</p>	<p><u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Crunchy Fish Sticks (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Oven Baked Fries (14) Spinach Maria (16) Garden Salad (2) Veggie Nibbles (5)</p>

April 15th	April 16th	April 17th	April 18th	April 19th
<p><u>Choose 1 Entrée</u> Stuffed Crust Cheese or Pepperoni Pizza (31)</p> <p>8 WG Chicken Nuggets (232 w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Spaghetti (42) w/ or w/o Meat Sauce (10) & WG Roll (32)</p> <p>Ham & Cheese (2) on WG Bun (27) w/ RF Doritos (20)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Glazed Carrots (15) Garden Salad (2) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> Chicken (15) & Waffle Sandwich (23)</p> <p>4 Wild Mike's Cheese Bites (28)</p> <p>WG Uncrustable PBJ(32) w/ Cheez-Its(14) & Cheese Stick(1)</p> <p><u>Side Item</u> Curly Fries (25) Fresh Steamed Broccoli w/ Cheese Sauce (5) Garden Salad (2) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Hot & Spicy Bone-In Chicken (7) w/ WG Biscuit (27)</p> <p>Corn Dog (30)</p> <p>Grilled Chicken (1) Salad w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Waffle Fries (26) Green Beans (4) Garden Salad (2) Veggie Nibbles (5)</p> <p><u>Dessert</u> Cool Tropics Slush</p>	<p><u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Regular or Spicy Chicken Tenders (6) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2) Baby Carrots (5)</p>
April 22nd	April 23rd	April 24th	April 25th	April 26th
<p><u>Choose 1 Entrée</u> Big Daddy's Cheese or Pepperoni Pizza (40)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caesar Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> Breaded Chicken Parmesan w/ WG Roll (32)</p> <p>Turkey & Cheese (2) on WG Bun (27) w/ RF Doritos (20)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Curly Fries (25) Glazed Carrots (15) Caesar Salad (5) Veggie Nibbles (5)</p>	<p><u>Choose 1 Entrée</u> 6 Chicken & Vegetable Dumplings (31)</p> <p>Homemade Grilled Cheese (36)</p> <p>Mini Chef w/ Turkey (4) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Tater Tots (19) California Blend Mixed Vegetables (5) Garden Salad (2) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> WG RF Fritos (16) Chips, Chili & Cheese (26)</p> <p>Grilled Chicken (1) Salad w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Green Beans (4) Garden Salad (2) Veggie Nibbles (5)</p> <p><u>Dessert</u> Chocolate Chip or Sugar Cookie (18)</p>	<p><u>Choose 1 Entrée</u> Charbroiled Hamburger (1) or Cheeseburger (3) on WG Bun (27)</p> <p>WG Crunchy Fish Sticks (22) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Oven Baked Fries (14) Bush's Baked Beans (30) Garden Salad (2) Baby Carrots (5)</p>

April 29 th	April 30 th			
<p><u>Choose 1 Entrée</u> Nardone's Cheese or Pepperoni Pizza (28)</p> <p>8 WG Chicken Nuggets (32) w/ WG Roll (32)</p> <p>WG Uncrustable PBJ (32) w/ Cheez-Its (14) & Cheese stick (1)</p> <p><u>Side Item</u> Mashed Potatoes (17) w/ or w/o gravy (4) Sweet Yellow Corn (15) Caeasr Salad (5) Baby Carrots (5)</p>	<p><u>Choose 1 Entrée</u> French Toast Sticks (37) w/ 2 Sausage Patties (3)</p> <p>Crispy Chicken (9) Sandwich on WG Bun (30) w/ RF Doritos (19)</p> <p>WG Uncrustable PBJ (35) w/ Cheez-Its (14) & Cheese stick (2)</p> <p><u>Side Item</u> Crispy Hashbrowns (31) Garden Salad (2) Veggie Nibbles (5)</p>			